## ABSTRACT OF THE DISCLOSURE

A request method for performing optical power management to accomplish planned addition and removal of wavelengths in an optical communications system is disclosed, wherein each wavelength has a path of transmission through the system. The method comprises communicating a request for a power ramp to at least one path network component in the path, determining that the path network component has made preparations for the power ramp, and performing a power ramp in response to the determination. Further, a response method for performing power management to accomplish planned addition and removal of wavelengths in an optical communications system is disclosed, wherein each wavelength has a path of transmission through the system. The method comprises receiving a request for a power ramp, making preparations for the power ramp, determining that the power ramp has been completed, and resuming normal operation in response to the determination.